YOUTH FIRST MENTORING

Empowering youth, building community

Meet a Mentor Match: **Gracelynn & Sarah!**

Gracelynn and Sarah have been together since 2023. They enjoy going to theatrical performances, swimming, and doing crafts together!

Dear Friend,

For twenty-eight years, Youth First Mentoring has connected Central Vermont youth with mentors who help them build life skills, self-esteem, and purpose. This year, we're asking you to help us reach more youth with a year-end gift.

This is slow, relationship-centered work, and it is powerful. Our average mentoring match lasts over 4 years, and last year 27 mentors spent more than 1,300 hours in direct 1:1 contact with their mentees. That investment reflects the depth and quality of our program.

When you donate to YFM, you also help provide over $6,000 in scholarships, allowing mentees to participate in experiences that might otherwise be financially out of reach. From school field trips to Montreal or Boston, to violin lessons and overnight summer camp, your support helps mentees discover new passions and imagine what is possible for their futures.

We don't do this alone. Through partnerships with the Central Vermont Refugee Action Network and Sage Mountain, we believe that working together we build stronger communities.

Right now, more than a dozen young people are waiting for a mentor. **Your gift will help us:**

- Recruit and train more mentors
- Connect waiting youth with a match
- Provide experiences that expand young people's horizons

Your gift translates directly into meaningful relationships and opportunities for young people in Central Vermont. Thank you for investing in their futures.

You can make your contribution by:

- visiting our website at **youthfirstmentoring.org** and clicking the "Donate" button
- sending **a check** payable to "Youth First Mentoring" in the enclosed envelope
- scanning the **QR code** at right

With gratitude from the board and staff of YFM,

Garet Allen-Malley, Joyce Manchester, Mark Billian, Deb Wolf, and Sally Russell (program director)

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